



Newfane Central School District  
Aquatic Center  
2909 Transit Road  
Newfane, New York 14108  
778-6853

Michael Baumann  
Superintendent

Bernadette Seymour  
Coordinator of Community Programs

### Family Swim Saturdays

The following dates have been set as **Family Swim Saturdays**:

**October 26**

**November 23**

**December 14**

**January 25**

**February 22**

**Time: 11:00 am – 1:00 pm**



**Cost: \$2.00/swimmer or \$5/Family**

**Please check the website for any date changes**

Children under 18 yrs of age must be accompanied by a parent or guardian 18 yrs of age or older. Parent or guardian must stay in the swim area with children.

Questions? Contact Mrs. Seymour, Coordinator of Community Programs,  
at 778-6853

## ***AQUATIC PROGRAMS*** ***Fall/Winter/Spring 2019-2020***

*(Please check the website for any changes and the pool is **closed** when school is not in session)*

### **PARENT & CHILD AQUATIC PROGRAM**

The purpose of this program is to provide an American Red Cross aquatic program for infants or preschoolers (6 month through 3 years) and their parent that will promote water safety practices, aquatic adjustments and swimming readiness skills. Making it “FUN” and enjoyable in the water with parental involvement. This program is intended to develop in young children a comfort level in and around the water, as well as a readiness for learning to swim. This program is NOT designed to teach children to become accomplished swimmers or even to survive in the water on their own. It will, however, provide you with the necessary knowledge and skills to orient your child to the water and to safely supervise water activities. The emphasis is on the development of a warm and trusting relationship between parents, children, and instructor. The relationship serves as the basis for learning.

**Age:** 6 month – 3 years

**Cost:** \$2.00 with adult

**Session:** Monday's September 9, 2019 through October 28, 2020 (spring 2020 TBD)

**Time:** 6:30 – 7:00 pm

### **SENIOR CITIZEN & COMMUNITY SWIM**

For our Community members as well as our Senior Citizens: The pool is open on Mondays, Wednesdays, and Fridays from 6:30 am – 8:45 am for your enjoyment.

**Cost:** \$2.00/session

**Session:** Mondays, Wednesdays and Fridays September 4, 2019 through June 19, 2020

**Time:** 6:30 am – 8:45 am

### **LEARN –TO-SWIM PROGRAM**

If you have a son or daughter in the Newfane Central School System and would like to sign up for evening swim lessons this program is for them. Enroll them in an American Red Cross “Learn to Swim Program”. This program is divided into seven levels. The prerequisite for each level is successful demonstration of the skills from the preceding level, except for level 1, which has no prerequisite. Our program will offer instruction designed to help swimmers of all ages and abilities develop and refine their skills. We will have an authorized Red Cross Water Safety Instructor teach a variety of strokes, including the front crawl, back crawl, elementary backstroke, breaststroke, sidestroke, and butterfly. They will also introduce a wide range of personal safety skills and possible diving techniques. At more advanced levels, students refine skills, learn the basics of springboard diving, and discover how to incorporate swimming into a lifetime fitness program. This program will fill up quickly so sign up today to ensure a spot.

**Age:** students in the Newfane School District

**Cost:** \$58.00

**Session:** Wednesdays

January 8,15, 22 & 29; February 5,12,19 & 26; March 4, 2020

**Time:** 6:30 pm – 7:00 pm Level I & II

7:00 pm – 7:45 pm Levels III, IV, V, VI

**Minimum class size:** 12 students



## **EVENING WATER AEROBICS**

This one hour, low-impact program uses water resistance to help strengthen muscles while cushioning the body upon impact. Participants do not need to be able to swim to take the class since they will be moving from a standing position in the shallow end.

**Age:** 21 years or older

**Fall Session:** Mondays & Wednesdays September 9, 2019 through October 30, 2019

**Cost:** \$58.00

**Spring Session:** Mondays & Wednesdays March 2, 2020 through June 17, 2020

**Cost:** \$65.00

**Time:** 7:00 pm – 8:00 pm

**Minimum class size:** 9 participants

## **DAYTIME WATER ARTHRITIS PROGRAM**

Low impact program! Join us in our heated pool and take stress off tired joints and muscles. Gentle range of motion exercises. It cannot rid you of the condition, but it can make it more bearable.

**Fall Session:** Mondays, Wednesdays & Fridays September 9, 2019 through December 20, 2019

**Cost:** \$75.00 *[Dates Subject to change due to swim classes]*

**Winter Session:** Mondays, Wednesdays & Fridays January 6, 2020 March 30, 2020)

**Cost:** \$62.00 *[Dates Subject to change]*

**Spring Session:** Mondays, Wednesdays & Fridays April 1, 2020 through June 19, 2020

**Cost:** \$44.00 *[Dates Subject to change due to swim classes]*

**Time:** TBD

**Minimum class size:** 9 participants

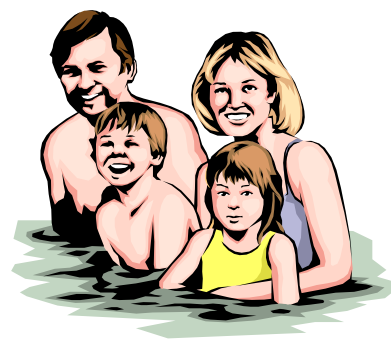
## **OPEN FAMILY SWIM**

**Age:** Adult 18 or older must accompany and stay in pool area with children

**Cost:** \$2.00 a swimmer or \$5.00 for a Family

**Session:** Saturdays October 26; November 23; December 14; January 25; February 22

**Time:** 11:00 am – 1:00 pm



## **BIRTHDAY PARTIES**

**Celebrate your child's birthday at the Newfane Aquatic Center!**

Contact Mrs. Seymour (778-6853) for the proper forms. A building request form must be filed 4 weeks prior to the event date. A Certificate of Insurance or Release of Liability form must be on file.

Fees are based on the number of swimmers using the pool. A minimum of two (2) lifeguards is required. Payment **must** accompany the forms!

The maximum pool time is two (2) hours. At this time the Pool Lobby is available for finger foods, quick snacks and presents.



## **PRIVATE PARTIES FOR ORGANIZATION:**

The Aquatic Center also is available for private organizations... Book a party for your Boy Scout, Girl Scout, 4-H, church or youth group! Contact Mrs. Seymour (778-6853) for more information.

Newfane Central School District

Aquatic Center  
2909 Transit Road  
Newfane New York 14108  
778-6853

Non-Profit Org.  
U.S. Postage Paid  
Permit No. 26  
Newfane, NY 14108

*AQUATIC PROGRAMS*  
*Fall/Winter/Spring 2019-2020*

**Postal Customer**  
**Newfane, NY 14108**

***NEWFANE AQUATIC PROGRAM REGISTRATION FORM***

Date Paid \_\_\_\_\_  
Receipt # \_\_\_\_\_  
Ck# \_\_\_\_\_  
Amount \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

TELEPHONE (home) \_\_\_\_\_ (work) \_\_\_\_\_

COURSE(S) NAME \_\_\_\_\_

CHECK OR MONEY ORDER FOR \$ \_\_\_\_\_ ENCLOSED TO COVER COURSE FEES.

**(NO CASH WILL BE ACCEPTED)**

PLEASE MAKE CHECK OR MONEY ORDER PAYABLE TO:

**NEWFANE CENTRAL SCHOOL AND MAIL TO:**

BERNADETTE SEYMOUR  
NEWFANE DISTRICT OFFICE/AQUATICS  
6048 GODFREY ROAD  
BURT, NEW YORK 14028

**PLEASE REGISTER EARLY TO PREVENT CLASSES FROM BEING CANCELED DUE TO INSUFFICIENT ENROLLMENT.  
QUESTIONS? 778-6853.**